

LINE-UP!

WHAT TO SAY

Our eyes and bodies communicate important information to others

Sometimes other people pay more attention to our tone, volume, faces, and body language more than what we say

Ask for a volunteer to demonstrate “looking angry” ask the other youth to comment on eyes, facial expression, and body language. Say: We communicate a lot without words – and we use one another’s face and body cues to make decisions about how we should respond. Ask for another volunteer to demonstrate a different emotion and walk through groups’ comments on nonverbals again, before starting the activity

WHAT TO DO

Students will line up silently according to their birth date --- January on one end of room, December on the other.

Students are not permitted to speak – encourage them to use other forms of communication (i.e. their hands) to communicate with one another (students are not permitted to use pen and paper).

Variations: Line up according to other categories (e.g., name of a pet – their own or a friend’s; favorite color or food; last name of favorite celebrity; favorite song or artist)

WHAT TO ASK

How did you communicate silently with one another to achieve the goal?

Who observed someone that seemed really engaged in the game? How could you tell?

Who observed someone that seemed impatient, frustrated or bored? How could you tell?

What can you do with your face, hands, or bodies to send a positive message?

What kinds of things send a negative message?

Why does it matter what our eyes and bodies communicate?

How can we make sure we’re aware of our nonverbal behaviors?