

BUILD AN ORCHESTRA

WHAT TO SAY

Everyone has something unique to offer to the community, and we all benefit from listening to each other, learning from one another, and working together to make something we could not make alone.

WHAT TO DO

Seat students in a circle

The rec leader or a student acts as a conductor, and other students each create an “instrument” - in other words, each student comes up with a unique “sound” (for example, a tune they hum or whistle, a rhythm they clap, snap, or stomp, etc.)

The conductor uses his or her hands to direct the “orchestra” by pointing to students to start and stop playing, raising or lowering his/her hands to change the volume, and waving his/her hands faster or slower to change the speed and rhythm of the group

WHAT TO ASK

After the activity, these questions may guide discussion:

Who wants to share their thoughts about how the “orchestra” played together?

What does the activity show about diversity in our community?

How does the activity show that “the whole is greater than the sum of its parts”?