

CAPTURE THE FLAG, with a twist!

WHAT TO SAY

Communication includes not only what we say -- it also includes how we say (or don't say) things. This is called nonverbal communication.

We also use different styles of communication in different settings, such as in small or large groups, or at home or school.

Effective communication helps build healthy relationships. This takes time and effort! It's important to use active listening to show that you're listening. This can include maintaining eye contact and asking open-ended questions.

Requires Resources? Yes
Grade Level: 6-8; 9-12
Indoor/Outdoor: Outdoor
Group Size: 8+

WHAT TO DO

Rules of the game are a combination of capture the flag and pick-up. (Feel free to change up the rules as you see fit, just make sure the kids know what they are!)

Split the kids into two teams.

The goal of the game is to pick up all objects off the floor and take them back to their side without getting tagged. (You can use any materials that you have at your site!)

Kids who are tagged wait in a designated spot for their other team members to "save" them.

WHAT TO ASK

How effectively did the group communicate? What did you observe about words, tone, or body language?

How much did folks listen to one another? Talk over one another?

What strategies did people use to make their voices or opinions heard? To what extent was there equal contribution by everyone?

What was hard about making your voice heard? What could you all have done differently to ensure everyone contributed?

Were some voices louder than others? Why? What were the implications of that?

How might these skills transfer to conversations or disagreements with peers, in school, or at home?

COMMUNICATION