

# BASKETBALL DIVERSION

## WHAT TO SAY

When solving problems as a team, it's important to both contribute your ideas and also listen to what others suggest.

Some situations present an even greater challenge because there are competing demands.

Partner challenges represent low-stakes problems (no serious consequence if your first solution doesn't work), so it's a good opportunity to give everyone's ideas a try.

Requires Resources? Yes  
Grade Level: 6-8; 9-12  
Indoor/Outdoor: On court  
Group Size: 6-12

## WHAT TO DO

1. Separate kids into teams.
2. Tell youth they will be playing basketball. BUT, they can only win by getting to 10 points first AND by completing 3 secret challenges.
3. Each team draws 3 secret challenges from a cup. These may include (for example):
  - ▶ Place sticker or post-it note on someone's back from another team without them noticing
  - ▶ Have a kid run through a bigger kid's legs on other team
  - ▶ Get someone on the other team to say bless you after a sneeze
  - ▶ "Made you look"
  - ▶ High five
  - ▶ Convince someone their parents are here
  - ▶ Get someone on the other team to pass you the ball

## WHAT TO ASK

▶ Review YES I CAN problem solving sequence – who remembers the problem solving acronym and what it stands for?

Y= Your peaceful place

E= Ease your muscles

S= Slow your breathing

I= Identify the problem

C= Come up with solutions

A= Anticipate impact and outcomes

N= Need to decide and evaluate

▶ How did you decide who would do each challenge?

▶ What was hard about playing the game and doing the challenges?

▶ Ask someone to give you an example of a real life problem they might face. Then practice the problem solving sequence.

## PROBLEM SOLVING